

VESTIBULAR REHABILITATION THERAPY

www.northshorept.com

NSPT IS NOW OFFERING TREATMENT FOR BPPV (Benign Paroxysmal Positional Vertigo) FOLLOWING VESTIBULAR EVALUATION

Do you experience dizziness?

Ever feel like the room is spinning?

Do you have balance issues?

Does this happen when you go to get up or roll over?

WE CAN HELP!

If you are experiencing any of the symptoms above, ask your doctor if a vestibular evaluation would be appropriate for you.

Vestibular rehabilitation therapy is a form of physical therapy that uses specialized exercises that result in gaze and gait stabilization. Most VRT exercises involve head movement, and head movements are essential in stimulating and retraining the vestibular system.

For more information or to schedule an appointment with Jasminn Bean, PT, DPT, please call the Marblehead Office at 781-631-8250. To schedule with Olivia Lufkin, PT, DPT, please call the Peabody Office at 978-896-6080.